

IdaLO

HON SAMLAR BILDER

Olafssongs OEPCD 002 – Release: October, 2024

“She collects pictures”

Lyrics by Ida Linnea Olsson

Music by Ida Linnea Olsson & Finn Olafsson



IdaLO is a Swedish singer-songwriter.

She writes songs about life's ups and downs, about tendencies in the time we are living in just now and songs about searching for freedom and healing.

“Hon samlar bilder” is produced by guitarist, co-writer and musical arranger Finn Olafsson and recorded in Olafssongs Studios, Denmark with a super team of musicians:

Finn Olafsson: Acoustic & electric guitars, bass on 2 & 4

Marte Schau: 2. voice & choir

Michael Vogelius Larsen: Keyboards

Torsten Olafsson: Drums & tambourine, bass on 1 & 3

Christian Glass: Shakers & chimes

IdaLO grew up with the Swedish folksong tradition and was engaged in local music events from her teens. She moved to Copenhagen in 1997 for studies at The Commedia School and has during all years been singing with different musicians and has continuously been writing her own music. In 2023, she moved back to Sweden.

Since 2019 she has been recording her debut album together with Finn Olafsson.

“Hon samlar bilder” will be followed up by IdaLO's debut album in 2025.

More info: Olafssongs, att. Finn Olafsson: fo@olafssongs.dk

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About "She collects pictures":

"The songs are some of my thoughts during my daughter's teenage years, about the challenges as a parent and me dealing with the restlessness in my daughter.

It's easy for parents to try to live out their dreams through their children and the songs are about letting go of your young adult and letting her become her very own.

During that time, my daughter and all her friends collected photos all the time, both of themselves and others that they curiously could reflect themselves in, to get an idea of how they appeared and which groups they wanted to belong to.

Comparing themselves to others all the time and searching outwards instead of inwards resulted in that many of them periodically felt mentally unwell. I think it's especially important during the vulnerable teenage years to let yourself be and believe that you're ok as you are.

The songs describe a lot of what I tried to say to my daughter, but she didn't want to hear and about our human natural longing for freedom and meaning."

Warm greetings
IdaLO

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